NEWSLETTER FOR NOVEMBER 2025

Ver – 29 oct final

Greetings, Plett U3A members!

1 PLETT U3A EVENTS CALENDAR

Jan has prepared a one-page calendar of planned future events for your convenience: see below. You will note that this calendar includes a summary of all of the Monday programmes at Formosa Garden Village. The outings and presentations are highlighted in RED …. Remember that the full calendar is available on the website.

DATE			EVENT	TIME	LOCATION
Mon	**3**	**NOV**	**History's Greatest Voyages of Exploration - Marco Polo and Sir John Mandeville, Portugal's Great Leap Forward**	**10 – 11am**	**Formosa Garden Village**
Mon	**10**	**NOV**	**History's Greatest Voyages of Exploration - The Enigmatic Christopher Columbus & Captain Cook Maps of the World**	**10 – 11am**	**Formosa Garden Village**
Wed	**12**	**NOV**	**Visit to St Andew's Church: Led by Rodney Grosskopff**	**10am – 12pm**	**St Andrews Church, past Brackenridge entrance.**
Mon	**17**	**NOV**	**History's Greatest Voyages of Exploration - Alexander Von Humboldt - Explorer Genius & Jefferson dispatches Lewis and Clark**	**10 – 11am**	**Formosa Garden Village**
Mon	**24**	**NOV**	**History's Greatest Voyages of Exploration - Sir John Franklin's Epic Disaster & Japan Discovers the West**	**10 – 11am**	**Formosa Garden Village**

2 INTRODUCTION

2.1 Welcome to new members

Welcome to the following new members who joined Plett U3A in October:

Caroline Clark

René Louw

André Lubbe

4 OVERVIEW OF FORTHCOMING EVENTS

4.1 Wednesday 12 November – outing to St Andrew's church hosted by Rodney Grosskopff

St Andrew's church

St Andrew's Church was 175 years old this year and is the oldest church in our district. Rodney Grosskopff will talk about the building of this tiny church, and he will also talk about the people who built it, those who came to worship in it, and those who helped to build Plettenberg Bay. In particular, he will talk about the Newdigates, William Jones, Charles Bull and John Fisher Sewell.

Space in the church is very limited, as is parking, and we are limited to 25 people. Booking via email is essential. Please use the address u3aplett@gmail.com and book by the 9th November. A second visit next year will be arranged if there is enough interest.

There is no charge. Coffee/tea and eats are suggested at the Roadside Café for your own account after the talk.

Rodney Grosskopff

Rodney was an architect for 50 years who designed many buildings, and his practice received its share of awards and prizes. He personally has always leaned towards the arts and has published five books, six booklets, and about 30 papers. He has written a few plays and acted in many and has had two one-man exhibitions (Goodman Gallery and Arts on Main, Johannesburg) and participated in a few joint shows. He is a keen historian and has delivered many heritage-related articles and speeches.

5 Annual lunch held at Ouland Royale on Wednesday 15 October

The annual U3A lunch brought together a mix of members: retired professionals, curious learners, and long-time friends. The venue, Ouland Royale offered elegance with comfort, providing a welcoming space for conversation and camaraderie.

The tables were set with care, and the menu was enjoyed by all. There were several options including oxtail pie, a chicken meal and vegetarian option.

The event began with a quiz, hosted by Barry Ricketts and won by Philip and Denise. Afterwards, members enjoyed the camaraderie and reminisced about past talks and outings, shared travel tales, and made plans for upcoming events.



Jan opens the proceedings ……..



The salad with seasonal vegetables [left] and the oxtail pie [right]. …



Members relax and enjoy the company and the venue.

Philip M

CONTRONYMS

Contronyms (also called Janus words or auto-antonyms) are words that have two opposite meanings — depending on the context. In short, a contronym is its own opposite!

1. **Sanction** – To officially allow or to punish for breaking a rule.
2. **Bound** – Heading toward a destination or restricted from moving.
3. **Dust** – To remove dirt or to cover with fine particles.
4. **Screen** – To display something (like a movie) or to hide it from sight.
5. **Weather** – To survive or endure or to be worn down over time.
6. **Left** – To go away or to remain behind.
7. **Trim** – To decorate or make neat or to cut off excess parts.
8. **Seed** – To plant seeds or to remove them from a fruit.
9. **Clip** – To attach firmly or to cut short.
10. **Oversight** – Careful supervision or failure to notice something.
11. **Dusting** – The act of cleaning or applying fine powder.
12. **Off** – Not operating (the light is off) or activated (the alarm went off).
13. **Flog** – To promote enthusiastically or to criticize severely.
14. **Apology** – A statement of regret or a justification for one's actions.
15. **Strike** – To hit forcefully or to miss completely (in baseball).
16. **Fast** – Moving quickly or firmly fixed in place.
17. **Lease** – To give something for rent or to rent it from someone.
18. **Weathered** – Strengthened by experience or damaged by exposure.
19. **Pop** – To appear suddenly or to vanish quickly.
20. **Hold up** – To support or lift or to cause delay or obstruction.

u3a
Plettenberg Bay

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