NEWSLETTER FOR DECEMBER 2025

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1 YEAR END MESSAGE FROM CHAIRMAN

Dear u3a Plett members,

As we approach our last meeting for the calendar year may I thank you on behalf of the committee for your support, participation and most importantly friendship in our various gatherings.

At next week's meeting we will be presenting gifts to the various FGV staff who help us so competently in the background with the venue, refreshments, security and technology.

We will then show ONE last video in the Greatest Voyages series: Japan Discovers the West. And to celebrate we will provide coffee and eats AFTERWARDS.

Wishing you a splendid holiday season with family and friends.

Merry Christmas and a Happy New Year. 🎊

Jan Hough

2 INTRODUCTION

2.1 Honorary members

At the recent U3A meeting held on 10 November, Jan H announced that the following U3A members have been awarded Life membership, and he handed Certificates to those present:

Ann Armitage
Barbara de Bruijn
Joy Robin
Maurice Robin
Gillian Paterson
Irmela Kohlsdorf
Crystal Paterson

2.1 Welcome to new members

Welcome to the following new members who joined Plett U3A in November:

Sheilagh Dunn

3 REPORT ON A RECENT OUTING:

3.1 Wednesday 12 November – outing to St Andrew's church hosted by Rodney Grosskopff

Rodney Grosskopf excelled in giving us an animated history of early Plett and the people who first came here to settle. The Barringtons, Newdigates, Sewells etc. He had made superb sketches of all the actors so we could visualise what they looked like. We had a full house congregation 😁 and finished off with a hymn led by Rodney and accompanied by Jan on the old foot pump church organ. Afterwards we enjoyed tea at the Roadside Cafe.



The invitation to this visit stated that 'space is very limited' and this picture of U3A members inside the church illustrates that point well!!

4 FORTHCOMING EVENTS

On Wednesday 11 February Charles Helm will give us a presentation on a "Food first approach to Diabetes 2." More details to follow. Charles is a medical doctor by profession but has a big interest in palaeontology. Indeed, those of us who have been Plett U3A members for a few years will remember Charles' presentation on early residents of the western Cape. He illustrated it with pictures of fossilized animal tracks on rocks on the Southern Cape Shores near Sedgefield.

On Wednesday 11 March, Marsel van Oosten will talk to us on photography, with emphasis on bird photography which I'm told is the most difficult of all photographic genres. Those members who are also members of BirdLife Plett will probably remember Marsel, as he presented there earlier in the year. He is an excellent presenter.

These are the two presentations with dates arranged but there will be more, and we expect to have details in the next news letter.

Philip M

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